



## Snacks

Nursery-Year 6 will receive a morning & afternoon Snack. Year 7 upwards receive only morning Snack. Snack includes fresh fruit; fruit yogurt; muffins; cookies; celery and carrots strings; whole grain tomatoes, ham or turkey and cheese sandwiches

\*Option available for previously registered vegans and vegetarians.

\*All soups and creams are soy free

## MENU 2022 – APRIL & MAY

<p><b>Monday 25<sup>th</sup> April</b></p> <p>Sancocho Sauteed Potatoes Roasted Chicken Gardein Chicken strips Salad</p>	<p><b>Tuesday 26<sup>th</sup> April</b></p> <p>Cauliflower soup Rice with sweet peas Garlicky Sea Bass Gardein Fish less Salad</p>	<p><b>Wednesday 27<sup>th</sup> April</b></p> <p>Tomato &amp; Basil soup Meat sauce Lasagna Vegetarian Lasagna Salad</p>	<p><b>Thursday 28<sup>th</sup> April</b></p> <p>Vegetable Soup Rice and Beans Beef Stew Gardein Meatballs Salad</p>	<p><b>Friday 29<sup>th</sup> April</b></p> <p>Broccoli cream Sweet Cobs BBQ Ribs Gardein Pork less bites Salad</p>
<p><b>Monday 2<sup>nd</sup> May</b></p> <p><b>School Closed</b></p>	<p><b>Tuesday 3<sup>rd</sup> May</b></p> <p>Lentils soup Rice with Sweet corn Salmon Gardein fishless Salad</p>	<p><b>Wednesday 4<sup>th</sup> May</b></p> <p>Carrot Soup Spaghetti &amp; Bolognese Gardein meatless Salad</p>	<p><b>Thursday 5<sup>th</sup> May</b></p> <p>Vegetable soup Rice with vegetables Roasted Chicken Gardein Chicken Salad</p>	<p><b>Friday 6<sup>th</sup> May</b></p> <p>Tortilla Soup Chicken Tacos Gardein Chicken strips Salad</p>
<p><b>Monday 9<sup>th</sup> May</b> OPTIONAL VEGETERIAN DAY</p> <p>Broccoli soup Mac &amp; cheese Sauteed vegetables Beef strips *Gardein meatless* Salad</p>	<p><b>Tuesday 10<sup>th</sup> May</b></p> <p>Chicken soup Rice &amp; lentils Chicken Stew Gardein chicken strips Salad</p>	<p><b>Wednesday 11<sup>th</sup> May</b></p> <p>Cauliflower soup Chicken Lasagna Vegetarian Lasagna Salad</p>	<p><b>Thursday 12<sup>th</sup> May</b></p> <p>Vegetable soup Mash Potatoes Beef Stew Gardein Meatless Salad</p>	<p><b>Friday 13<sup>th</sup> May</b></p> <p>Sweet Corn Soup Fish &amp; chips Gardein fish less Salad</p>
<p><b>Monday 16<sup>th</sup> May</b></p> <p>Cauliflower Cream Sauteed Potatoes BBQ Chicken Gardein Chicken strips Salad</p>	<p><b>Tuesday 17<sup>th</sup> May</b></p> <p>Squash Bisque Rice with Sweet Peas Baked Sea Bass Gardein Fishless Salad</p>	<p><b>Wednesday 18<sup>th</sup> May</b></p> <p>Chicken Soup Pasta Alfredo Chicken fillet/Mushroom Sauteed Vegetables Gardein Turkey Salad</p>	<p><b>Thursday 19<sup>th</sup> May</b></p> <p>Vegetable Soup Rice and Vegetables Beef Stew Gardein Beef less strips Salad</p>	<p><b>Friday 20<sup>th</sup> May</b></p> <p>Sancocho Yucca al mojo Roasted Chicken Gardein Chicken fillet Salad</p>
<p><b>Monday 23<sup>rd</sup> May</b></p> <p>Vegetable Soup Rice with sweet corn Glaze Pork Chops Gardein pork less bites Salad</p>	<p><b>Tuesday 24<sup>th</sup> May</b></p> <p>Broccoli Cream Mash Potatoes Chicken fillet Mushroom sauce Gardein chicken strips Salad</p>	<p><b>Wednesday 25<sup>th</sup> May</b></p> <p>Tomato &amp; Basil Soup Gnocchi alfredo Parmesan Cheese Beef Fajitas Gardein beef bites Salad</p>	<p><b>Thursday 26<sup>th</sup> May</b></p> <p>Cauliflower Soup Rice and sweet peas Baked Salmon Gardein Fishless Salad</p>	<p><b>Friday 27<sup>th</sup> May</b></p> <p>Vegetable Soup Sweet Potatoes Chicken Finger Gardein Chicken Bites Salad</p>